

Minutes: Ontario Intergroup of SLAA
Thursday, May 28, 2015. 7:00-8:30 PM
Room 1004, Cardinal Carter Wing, St. Michael's Hospital

Present: Jody N. (Chair); Dionne F. (Vice-chair, Chair Spring Retreat); Jim D. (Secretary, Hamilton Fri IR); Daniel W. (Treasurer, Thurs 12:15 PM IR); Susan O. (Literature Rep., Sat. 5:30 IR); Alan B. (FWS Delegate, *interim* Niagara IR); Brian C. (Website, Holland Landing Thu 7:30 IR); Marc S. (Fall Conference Chair, Fri 6:00 PM IR); Justin O. (Prison Outreach); Linda S. (Brampton, IR); Ron A. (Guelph Tues IR); Bill G. (Oakville, IR); Nick A. (Mon 7:00 PM, IR); Fred K. (Tues 7:00 PM, IR); Ron R. (Wed 12:15 PM, IR); Richard B. (Thurs 7:30 PM, IR); Rob H. (Ajax, Sun IR); John G. (Fri 12:12 PM, *Interim* IR); Irene B. (Guest, *elected Spring Retreat Chair*); Theepan (Guest).

Absent with regrets: John F. (Phone and PI, Pickering IR); Tanya G. (Outreach Coordinator).

1. Meeting begins with a Moment of Silence followed by the Serenity Prayer.
 - done
2. Introductions
 - done
3. Attendance sheet passed around / please turn off all mobile devices
 - done
4. Reading of Trusted Servant's Prayer.
 - done
5. Reading of The Twelve Traditions.
 - done
6. Accept / Amend previous meetings Draft Minutes (circulated via email prior to the meeting).
 - Done
 - Accepted group conscience.
7. Secretary's Announcements – Jim D.
 - None
8. Reading of Reports:
 - a) Treasurer – Daniel W.
 - i. See report (attached)
 - ii. Richard asked about the Thursday Anorexia Group contribution to Intergroup which was mailed in in April but did not show up in April or May. Daniel and Richard will follow up on this.

- iii. Marc suggested raising the ORC conference from \$350 to \$400 as the current \$350 does not cover the cost of even the room.
 - iv. Marc's motion was passed, group conscience.
- b) Literature – Susan O.
- i. See report (attached).
 - ii. Net balance over reserve is \$200.80, so we are positive.
 - iii. Not selling “pocket toolkits” (Susan has 11). Jim pointed out that they come in the Newcomer Packages. Susan suggested giving them away. Suggested they be given to the Outreach program (Tanya). Jim suggested giving them to the two new groups. Jody suggested that Susan bring them to next meeting and we could give them out. Agreed by consensus.
 - iv. Request from the Homewood group (Guelph) to get a discount on a case of Basic Texts. Should we do this and if so how much? Jim raised the point that we are already selling the texts at a loss of (about) \$4 each. Therefore, can we afford to sell them at an even bigger loss? General consensus that we sell at same price.
 - v. Susan announced that she is stepping down as Literature Rep effective November (election month).
 - vi. Accepted, group conscience.
- c) Website – Brian C.
- i. See report (attached).
 - ii. Web hits were down from last month
 - iii. Meeting List downloads were up from last months.
 - iv. Brian is suggesting a Nomination Form for people interested in running for Intergroup Officers. Brian will bring a draft “Application (rather than Nomination) Form” for discussion.
 - v. Further discussion took place on the above point. What do the Bylaws say etc. The Bylaws are clear that the nominations are made at the November meeting (see Bylaws for more details). The material Brian is to draft will reflect (and quote) the Bylaws.
 - vi. We will make a decision next month on Brian's proposal.
 - vii. Accepted, group conscience.
- d) FWS Delegate – Alan B.

- i. As a preamble Alan suggested that items raised *ad hoc* during discussion be pushed to 'New Business' as they take away time from regular Agenda Items. This point is to be raised as New Business next month.
 - ii. See report (attached; his report and the 12 and 12 Sharing Sheet)
 - iii. Brought 12x12 Sharing sheets with 'tear off' tabs for contact information for sharing on the new SLAA 12 and 12 book.
 - iv. Information was given on the proposed guidelines from FWS dealing with 'safety' at SLAA meeting (such as sexual harassment, stalking, etc); more info in his report.
 - v. Report accepted, group conscience.
 - e) Phone Line and Public Information – John F., absent with regrets.
 - i. See report (attached)
 - ii. Accepted, group conscience.
 - f) Correspondence received and sent (checking mailbox) – Susan O.
 - i. One cheque passed onto Daniel.
 - g) Outreach Coordinator – Tanya G. (*interim*) absent with regrets.
 - i. See report (Attached), report read by Jim.
 - ii. Request for additional funds pushed to New Business.
 - h) Fall Conference – Marc S.
 - i. Report (attached)
 - ii. Accepted group conscience.
9. Old Business:
- This November the following positions are up for election: Chair, Vice-Chair, Secretary, Treasurer, Public Phone Line & Information, and Outreach Coordinator. How will Intergroup insure we have enough candidates for these positions? How do people interested approach Intergroup and how do we approach prospects?
 - i. Add Literature Rep.
 - ii. Further discussion tabled due to time.
10. New Business:
- Discuss use of cell phones during meetings.
 - i. Jody introduced her concerns about using cell phones (texting, for instance) during meetings.

- ii. Discussion followed as: What is appropriate use of cell phone? Used for business? Used for reviewing the distributed IG literature? Private texts from family?
 - iii. Tabled until next meeting.
- Spring Retreat Chair.
 - i. Dionne nominates Irene B. for the new Chair Spring Retreat Chair.
 - ii. Irene is present and answered questions from the IG. She has a long association with SLAA and with Spring Retreat Committee.
 - iii. After discussion (in the absence of Irene) she was elected unanimously.
- Group in Ottawa looking for some support as their attendance is shrinking – while other “S” groups appear to be growing... discuss ideas with group and then share ideas with Ottawa following meeting.
 - i. Tabled until next meeting.
- Susan will be away for two weeks 14 – 28 August.
 - i. Group Conscience agreed that people could just wait for the two weeks.
- Marc suggested giving the \$160 to Outreach Committee.
 - i. After discussion and clarification agreed unanimously to give Outreach Committee (Tanya).
 - ii. Brian will see to getting additional flyers printed for distribution.

Next Meeting will be held on Thursday, June 25, 2015 7:00 PM

Meeting ends at 8:38 PM with a moment of silence, followed by the Serenity Prayer.

Jim D (Secretary, in service)

Handouts for 28 May 2015 Intergroup Meeting Following

Treasurer's Report:

Balance Sheet Apr 28 -May 25 2015		
ASSETS		
Current Assets		previous balance
Cash	3755.75	
Other		
Total	\$3,755.75	\$3,755.75
Income		
Rockwood Group	73	
Pioneer Group Pickering	100.00	
Oakville Group	130.00	
Wednesday 12:15 Group	54.70	
Holland Landing	865.00	
Thursday Noon Group	47.10	
Total	\$1,269.80	\$ 355.50
Total Assets	\$5,025.55	
Expenses		
Current Liabilities		
fido april 29	30.51	
bank fee april 30	4.95	
Other		
Total	\$35.46	\$ 3,368.15
Assets minus Current Liabilities	\$4,990.09	
FWS Fund	\$507.92	\$ -
Reserves		
Fall Conference 2015	500.00	500
Spring Retreat 2015	500.00	500
Out Reach Program start up	\$168.55	168.55
FWS deligate fund (build to \$1800)	\$483.56	483.56
AA Ont Rec Conf 2016	350.00	350.00
Total	\$2,510.03	\$ 2,002.11
Assest minus Reserves	\$2,480.06	\$ 1,753.64
Total Liabilities and Networth	\$4,990.09	\$ 3,755.75

Literature Report

April 28 – May 25, 2015

Account Recieveable		Account Recieveable	\$2,531.21	Treshold	\$8,500.00
Bank Amount (04/28)	\$1,967.26	Account Payable	\$17.56	Lit/Sale/Bank	\$8,700.80
Payment	\$521.45	Total:	\$2,513.65	net/loss:	\$200.80
Fed-ex Copy Card	\$42.50				
Total:	\$2,531.21	Bank Amount (05/25)	\$2,479.05		
Accounts Payable		Fed-ex Copy Card	\$42.50		
		Total:	\$2,521.55		
		Inventory/Bank Amount/Literature Sales Total			
Shipping	\$12.61	Inventory	\$5,763.75		
Bank Fees	\$4.95	Bank Amount (05/25)	\$2,479.05		
Customs		Literature Sales (04/28-05/	\$458.00		
Total:	\$17.56	Total:	\$8,700.80		

***The extra \$7.90 is because there were medallions that were purchased and to deposit the amount, I had to round to the nearest five or ten.

Webmaster Report for May 2015

1. Information Emails: 8 (2 forwarded to John F. for extra help, the rest were meeting questions that were answered and a meeting list was sent back)
2. Website Hits: 7651
3. Canadian Hits: 840
4. Meeting List Downloads: 337
5. Important Changes:
 - a. Announcements for April 2015 posted
 - b. Minutes for March 2015 posted
 - c. "Conference Anorexia Committee" service flyer added
 - d. "Long Distance Sponsor Program" service flyer added
 - e. Added the 12 traditions to the "How Can SLAA Help" page (after the 12 steps).
6. Goals from last Month:
 - a. Complete Navigation Pages (completed)
 - b. Add 12 Traditions (completed)
7. Goals for next Month:
 - a. Online Nomination Forms

SLAA TELEPHONE REPORT FOR MAY

Total telephone calls to our SLAA hot line were only **16** this month. Again each of these were looked after in a very timely manner by our Volunteers.

SLAA PUBLIC INFORMATION FOR MAY

No information requests about the SLAA program from either a public or professional perspective.

Report submitted by;
John F, *Pioneer Group, Pickering*
Telephone and Public Information Chairperson

The Pioneer group at Pickering will once again be closed from the middle of June until late August.

The retreat center puts this time aside for their summer holidays.

We hope to find another location for this period..

Call John F for any information on this.

416 254 6623

May 2015 Ontario Intergroup FWS Delegate Report – Alan B.

1. Purchased airfare to Houston
 - a. Depart on August 3 and return on August 9
 - i. ABM from August 3-7
 - ii. IRC August 7-9
 1. Paid for out of pocket which includes registration, food, and hotel
 - b. Cost of airfare - \$382.22
2. SLAA 12x12 Online Sharing Sheet (*see 2 pages below*)
 - a. Form online to submit entries regarding personal experience pertaining to the 12 steps and 12 traditions
 - i. <http://www.slaafws.org/submit1212>
 - b. Device friendly version of the form available as well
 - c. Flyer available to homegroups; please refer to during announcement
3. ABM 2nd Agenda Motions and IFD's (Items for Discussion)
 - a. Motions will be voted on at the 2015 ABM. IFD's will be discussed
 - b. **Motion** – The Conference hereby adopts the following suggested guidelines regarding safety in the program, to be used by groups and intergroups if they so choose.

“In S.L.A.A. we take the stand that it is not acceptable, or in line with our common welfare, that members use the program as an arena to commit criminal offenses such as sexual offenses, stalking or harassment against other members, during or between meetings. A requirement for membership is a willingness to recover, and a person who currently commits such offenses against any other member in S.L.A.A is not welcome to participate in our meetings. You who have previously assaulted someone in the program are welcome back after the assaults have stopped and when you are a reasonably safe participant in meetings. You then have a responsibility to adapt to the person you have violated and give him or her priority to meetings that are vital to that person's recovery, if necessary by leaving those meetings permanently. In case the assaulted person reports the offenses to the police, you are recommended to play fair in a court process and if possible preserve the anonymity of the person you have assaulted.”

Suggested text to include in a meeting format, if a group so decides:

This meeting and program is a space for recovery. Criminal assaults such as stalking, harassment or worse of other members of S.L.A.A. are not acceptable. If anybody present is currently subjecting another member of SLAA to this kind of behavior, you are requested to leave the meeting. To protect the safety of our members and common welfare of the meeting you are recommended to seek help elsewhere until you are a safe participant.

Suggested text for signs that groups can use for display, if they so decide:

This meeting and program is a space for recovery. Stalking and harassment of other members of the program is not tolerated.

- c. **Motion** – A Conference Literature Committee Representative selected by the CLC, be sent to the ABM every year, with the F.W.S paying the costs.
- d. **Motion** – To change the FWS bylaws (Please see the 2nd Agenda for details: <http://www.slaafws.org/Conference/ABM2015/2015AgendaSecondVersion.pdf>)
- e. **IFD** - To change the phrase “ought not” in our literature, in print, electronic formats, etc., to “should not” or “must not”.
- f. **IFD** – That the Conference discusses the possibility of letting go of some or all copyright to S.L.A.A. texts.
- g. Intent and Requirements of each Motion and IFD can be found at <http://www.slaafws.org/Conference/ABM2015/2015AgendaSecondVersion.pdf>

2015 Fall Conference May Report – Marc S.

The 2015 SLAA Fall Conference Planning Committee is off and running!

At our first meeting we came up with a theme, set the date and venue, and made plans to create a flyer (*see draft 2 pages below*) and make contact with the church.

The conference will be held Saturday, November 7th, 2015 at St. Andrew’s Church.

We are reviewing feedback and suggestions from last year and will implement where appropriate. We are also reviewing last year’s formats and other material so as to not reinvent the wheel!

There was discussion about getting a speaker from out of town - but within driving distance as to keep expenses in line with previous years. There was also discussion about having a female keynote speaker this year.

There has been informal discussion about having all committee members seek speakers / workshop facilitators, rather than only one person, in an effort to broaden the search for potential facilitators. There was also discussion of inviting presenters whose main recovery program is SLAA.

We have 3 committee members, with an additional 3 who have expressed their intention to join our next meeting on Thursday, June 4th, 7 pm.

Yours In Service,

Marc S.
2015 Fall Conference Committee Chair



S.L.A.A. 12 and 12 Online Sharing Sheet

Help with the S.L.A.A. Twelve Steps and Twelve Traditions Book

The Conference Literature Committee (CLC) is in the process of creating a 12 Steps & 12 Traditions Book for S.L.A.A.

Writing groups use shares on Steps and Traditions from members to write each chapter.

- Submit your thoughts and experiences on the Steps or Traditions at www.slaafws.org/submit1212
- Volunteer to help write a chapter on a Step or Tradition by contacting the CLC at www.slaafws.org/clc

<ul style="list-style-type: none">• <u>Twelve Steps and Twelve Traditions Book</u>• www.slaafws.org/submit1212• www.slaafws.org/clc
<ul style="list-style-type: none">• <u>Twelve Steps and Twelve Traditions Book</u>• www.slaafws.org/submit1212• www.slaafws.org/clc
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<ul style="list-style-type: none">• <u>Twelve Steps and Twelve Traditions Book</u>• www.slaafws.org/submit1212• www.slaafws.org/clc



SLAA Ontario

Fall Conference 2015

DRAFT
Healing Our Shame:

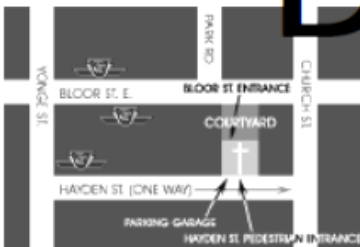
Living New, Positive, Unfolding Lives

**WORKSHOPS
KEYNOTE SPEAKER
FELLOWSHIP**

Saturday November 7th, 2015

8:30 am ~ 6:00 pm

DRAFT



St. Andrew's United Church

117 Bloor Street East

Toronto, Ontario

PAID PARKING AVAILABLE AT CHURCH & BLOOR
LIMITED FREE PARKING OFF HAYDEN ST.

Register at the door for \$10 (or PWYC)

FOR MORE INFORMATION VISIT slaa-ontario.org OR EMAIL slaa.fall.conference@gmail.com

OUTREACH COMMITTEE REPORT MAY 2015

Sorry for the brief and somewhat rushed report.

1. PAMPHLETS DELIVERED THIS MONTH:

- Dr. Ambrose Fung 10
- One set to St Leonard's, Brantford 10
- A therapist with Safe Harbour, Burlington and St Catherine's. 10
- One set was split and given to CMHA (Canadian Mental Health Association, Hamilton) and one to the new Mental Health & Addiction Services part of St Joe's Hospital West 5th Hamilton (this is an amazing new 850,000 sq. ft. facility). 10
- And others not yet confirmed,

2. THE FOCUS THIS MONTH

We focused mostly on putting together packages for each of Intergroup's reps that consist of more pamphlets and the 5th tradition cards. N.B these pamphlets are to be taken by the reps only, as a specific amount were put together for those that attend Intergroup on a regular basis.

Each Intergroup rep will be given a package consisting of three packets of pamphlets. (Because of our budget we have had to change the desired number of packets from 5 to 3 for now. Three packages will have 4 because we had extra left over).

Each package also contains roughly 66 5th tradition outreach cards with a space for the seasoned member to give their name and number to newcomers.

It is suggested that these materials be kept with the pamphlets and other materials that each group uses.

Each packet of pamphlets now only has one "To The Professional" pamphlet and 4 each of the Addicted to Sex, Addicted to Love and 4 of the Meeting Lists. The reason for this is that mostly only one professional will be receiving the package. We can change this back if need be. So there are now 9 pamphlets in each packet.

CAMPAIGN

This month we would like to start with Doctors. So each rep. can simply ask, in their own way, **is there anyone willing to do some service by dropping off SLAA pamphlets to their GP this month? If so see me after the meeting.** This does not mean that they can't drop it off anywhere else that is suitable for outreach purposes. We are just prompting people to be aware of the kinds of places that these pamphlets can go. Please feel free also to make them aware again that we are trying to reach the sex and love addict who still suffers and that this is an excellent way to be of service to our fellowship.

We have a chart for each participating member to sign up on in the package also. They can come back and tick it off when the pamphlets have been delivered or return the pamphlets if they were not successful. **We will determine how often to bring these sheets to the intergroup meeting**

so that I can update our stats. I think every month would be best but I realize that people may miss that or forget etc. May want to table this discussion for now.

5th Tradition Outreach Cards

(Each group has but one primary purpose -- to carry its message to the sex and love addict who still suffers.)

It would be great if reps could also introduce these cards on a weekly basis, letting members who are sober – not clearly defined but just to make a distinction – know that these cards are here for the purposes of reaching out within the program to newcomers. This will give newcomers the opportunity to understand that they “are no longer alone” and the ability to make contact with others, ask questions between meetings, and decrease their isolation. It will also be good for retaining members who were drawn to our fellowship by the other methods of outreach. Great for sponsees who are not yet ready to sponsor or those who are looking to start sponsoring someone. But really they are for all of us.

3. CURRENT BALANCE AND SPENDING

From last month:

\$179.05 left for outreach

I owed Daniel \$7.50 to make this balance.

However I spent \$7.89 for envelopes for our pamphlets, so lets call that even and I will submit receipts.

SPENT:

Pamphlets: - \$99.44

5th Tradition Cards: - \$ 58.15

Daniel, please Pay 157.59 to Brian C. – thank you.

Thank You Brian so much with the pamphlets and helping to shape the design of the cards!

CURRENT BALANCE \$21.46

We have no more \$\$ left to order more pamphlets:

4. OVERALL OBJECTIVE AND SPENDING PLAN FOR OUTREACH COMMITTEE

To put a continuous stream of information out into the public, I think at this point that we need to have a discussion about how much money we are willing to contribute to this end. It would be great if we could have enough money flowing that we can keep up this supply of pamphlets to the groups, replenishing as needed.

I would like to ask that we consider another \$300.00 but also that we consider putting some in reserve as we would any other issue so that we don't run out of pamphlets between discussions at intergroup.

So perhaps another \$160 on reserve for that? This would cover the cost of 400 pamphlets and 1000 cards in the event that we run out before having the chance to ask for more funds at the next intergroup meeting. I will leave it in your capable hands.

So just to be clear I am asking for 460.00 in total. Group conscience will decide.

If this is given the go ahead, I would like to ask that Brian have more pamphlets made up in my absence - if that works for him. If so, I will work out the amount with him so that we have more to give to you next month. I will not be back until the 20th June.

Hopefully this will go smoothly I am leaving on May 28th.

Have a great month!!

T

End of Handouts for May 2015 Meeting.