

**Minutes: Ontario Intergroup of SLAA**  
**Thursday, March 27, 2015. 7:00-8:30 PM**  
**Room 1004, Cardinal Carter Wing, St. Michael's Hospital**

**Present:** Jody N. (Chair); Dionne F. (Vice-chair, Chair Spring Retreat); Jim D. (Secretary, Hamilton Fri IR); Daniel W. (Treasurer, Thurs 12:15 PM IR); Susan O. (Literature Rep., Sat. 5:30 IR); Alan B. (FWS Delegate, *interim* Niagara IR); Brian C. (Website, Holland Landing Thu 7:30 IR); Tanya G. (Outreach Coordinator, Lady of Lourdes, Mon 7:00 PM, IR); Fred K. (Tues 7:00 PM, IR); Linda S. (Brampton, IR); Bill G. (Oakville, IR); Marc S. (Fri 6:00 PM, IR); Ron R. (Wed 12:15PM, IR); Richard B. (Thurs 7:30 PM, IR); Theepan (Guest); John G. (Guest);.

**Absent with regrets:** John F. (Phone and PI, Pickering IR).

1. Meeting begins with a Moment of Silence followed by the Serenity Prayer.
  - Done
2. Introductions / Attendance.
  - Done
3. Reading of Trusted Servant's Prayer.
  - Done
4. Reading of The Twelve Traditions.
  - Done
5. Accept / Amend previous meetings Draft Minutes (circulated via email prior to the meeting).
  - Accepted group conscience.
6. Secretary's Announcements – Jim D.
  - None.
7. Reading of Reports:
  - a) Treasurer – Daniel W.
    - See attached report.
    - Daniel described the report.
    - Transferred funds to FWS Delegate Reserve, as per last month's discussion.
    - Suggestion, similar to last month, that we transfer all but \$1000 from our excess funds (currently \$3049.14) as a cash reserve. Thus a donation of about \$2049 to FWS.

- Discussion was held to delay sending funds seeing what happens with Spring Retreat. It was agreed that we have \$500 for this purpose already. Also, we do not get billed until after the event.
  - Suggestion from Marc that we use some funds subsidies; to allow some people to attend the Spring Retreat that could not afford to go. Ron stated that when they offered these free supplements to people only one person showed up of 4 that were offered. Dionne added that at last year's event only one person applied. Dionne stated that registration was reduced because of the funds generated last year; Fred said that it seemed to be too late to have subsidies.
  - Agreed to keep \$1000 as cash reserve and send remainder to FWS; group conscience.
- b) Website – Brian C.
- See attached report
  - Talked to John F. about reporting of the requests for public information. Brian and John agreed that Brian would continue to forward the information to John but would report the requests for information in his report.
  - Need to discussion with Tanya were to post the Outreach Committee information on the website.
  - Brian raised the question about the descriptions of “closed meeting” and of “newcomers”. This is a possible barrier to newcomers that might think that they cannot attend meetings (as they are “closed”).
  - Discussion on open and closed meetings; several people made comments. One suggestion was to add some of the wording of the 3<sup>rd</sup> tradition into the definition of a “closed meeting” to clarify the above.
  - Brian suggested that he make the change to the “definition” of closed meeting; which was agree by all.
  - Report accepted, group conscience.
- c) Literature – Susan O.
- Susan gave an overview of her report (See attached report).
  - The net loss, as indicated, against prudent reserve is due to groups that have not yet paid for literature.

- Marc suggested that we give pamphlets away for free. Bill stated that Oakville does this already. Others raised the point that some smaller groups cannot afford to supplement the cost of pamphlets. A fair bit of discussion on this point (free or not free). Finally, each group is autonomous and each group can decide whether or not to hand out pamphlets for free. Intergroup cannot really afford to give the pamphlets away for free.
  - Report accepted, group conscience.
- d) FWS Delegate – Alan B.
- See Alan’s report (attached)
  - Flyers were distributed about the IRC (International Recovery Conference) which comes immediately after the ABC/M. Also, he went over the Conference Literature Committee service positions available at FWS. Extra copies were distributed to handout at individual groups.
  - Suggested that we make links on our website, for Ontario events that are FWS oriented, and to have these links from both the “EVENTS” link and on the FWS page.
  - Also that we should send information about our events (Fall Conference and Spring Retreat) to FWS to be advertised worldwide.
  - All accepted, group conscience.
- e) Spring Retreat – Dionne F.
- Gave an update on plans for the Spring Retreat (see report and Schedule attached).
  - Will be posted as soon as possible; Dionne will send to Brian for web posting.
- f) Phone Line and Public Information – John F.
- Absent, with regrets. See attached report.
  - Accepted, group conscience.
- g) Correspondence received and sent (checking mailbox) – Susan O.
- No correspondence at this point.
- h) Outreach Coordinator – Tanya G. (interim)
- See attached report.

- Putting the Meeting List inside the “Are you Addicted to Sex? Are you Addicted to Love?” gives a more professional appearance. Four copies of the preceding plus two of the “To the Professional” gives a package of 10 pieces; for distribution to each location.
  - Emphasized the great help she received from Trudie F. who does this Public Information for Prison Outreach for FWS; a connection suggested by Alan B.
  - Jim asked about individual groups if they can distribute material for the committee without joining the committee. Tanya endorsed this and intended to mention that.
  - Accepted, group conscience.
- i) Information Room at AA-ORC – Susan O.
- Marc and Ron took over running this as Susan was ill and could not run the conference and they gave this report.
  - Ron emphasized that we should have a man and woman volunteer present at all times so that people are not ‘frightened’ to come in.
  - Also Jim noted that the room also acted as a way for SLAA members to connect and reconnect with friends in the fellowship.
  - Pamphlets were given out for free as well as newcomer packages.
  - Thanks from IG to Ron and Marc for stepping up and running this event on short notice.
  - Accepted, group conscience.
8. Old Business:
- None.
9. New Business:
- Discuss possibility of adopting guidelines for conference & retreat workshop chairs/facilitator selection/qualification (see Draft Criteria for discussion attached).
    - a) Dionne read out the proposed criterion put forward for discussion by Dionne, Jody, and Jim.
    - b) People seemed to like the guidelines.
    - c) Accepted, group conscience as an ongoing set of guidelines.
  - Discuss upcoming elections in November & need to make announcements so that people know the positions that are open to them. This November the following positions are up for election:

Chair, Vice-Chair, Secretary, Treasurer, Public Phone Line & Information, and Outreach Coordinator.

- a) Item announced and no time for discussion.

**Next Meeting will be held on Thursday, April 30, 2015 7:00 PM**

Meeting ended at 8:36 PM with a moment of silence, followed by the Serenity Prayer.

**Handouts for 26 March 2015 Intergroup Meeting Following:**

**Literature Report**

*February 26-March 23, 2015*

<b>Account Recieveable</b>		<b>Account Recieveable</b>	\$4,730.07	<b>Treshold</b>	\$8,500.00
Bank Amount (02/26)	\$3,050.09	<b>Account Payable</b>	\$4.95	<b>Lit/Sale/Bank</b>	\$7,299.34
Payment	\$1,637.48				
Fed-ex Copy Card	\$42.50	<b>Total:</b>	<b>\$4,725.12</b>	<b>net/loss:</b>	<b>-\$1,200.66</b>
<b>Total:</b>	<b>\$4,730.07</b>	<b>Bank Amount (03/23)</b>	\$4,687.57		
<b>Accounts Payable</b>		<b>Fed-ex Copy Card</b>	\$42.50		
Literature		<b>Total:</b>	<b>\$4,730.07</b>		
Shipping		<b>Inventory/Bank Amount/Literature Sales Total</b>			
Bank Fees	\$4.95	<b>Inventory</b>	\$3,643.75		
Customs		<b>Bank Amount (02/26)</b>	\$3,050.09		
<b>Total:</b>	<b>\$4.95</b>	<b>Literature Sales (02/26-03/23)</b>	\$605.50		
		<b>Total:</b>	<b>\$7,299.34</b>		

\*\*\*The large negative balance is due to payments coming in late after February 26 and loss of literature (\$119.00)

### Treasurer's Report:

<b>Balance Sheet Feb 26 -Mar 23 2015</b>		
<b>ASSETS</b>		
<b>Current Assets</b>		previous balance
Cash	6790.99	
Other		
<b>Total</b>	<b>\$6,790.99</b>	\$6,790.99
<b>Income</b>		
Brampton Group	300	
Oakville Group	50.00	
Hollands Landing	238.70	
<b>Total</b>	<b>\$588.70</b>	<b>\$0.00</b>
<b>Total Assets</b>		
		<b>\$7,379.69</b>
<b>Expenses</b>		
<b>Current Liabilities</b>		
fido feb 25st	30.51	
bank fee feb 27	4.95	
Out Reach Pamphlets cheque	\$106.22	
AA ORC cheque	469.61	
Other		
<b>Total</b>	<b>\$611.29</b>	<b>\$ 35.46</b>
<b>Assets minus Current Liabilities</b>		
		<b>\$6,768.40</b>
<b>FWS Fund</b>		
		<b>\$ 140.00</b>
<b>Reserves</b>		
Fall Conference 2015	500.00	500
Spring Retreat 2015	500.00	500
Out Reach Program start up	\$193.78	300
FWS deligate fund (build to \$1800)	\$1,800.00	<b>1245.8</b>
AA Ont Rec Conf 2016	350.00	350
<b>Total</b>	<b>\$3,719.26</b>	<b>\$ 3,035.80</b>
<b>Assest minus Reserves</b>		
		<b>\$ 3,755.19</b>
<b>Total Liabilities and Networth</b>		
		<b>\$ 6,790.99</b>

## Webmaster Report for March 2015

1. Information Emails: 2 (forwarded to John F.)
2. Website Hits: 3610
3. Canadian Hits: 401
4. Meeting List Downloads: 204
5. Important Changes:
  - a. Announcements for February 2015 posted
  - b. Minutes for January 2015 posted
  - c. Two new Toronto meetings added to meeting lists and all other areas of website
6. Goals from last Month:
  - a. Re-format listing information into bullets (complete)
  - b. Create standard left navigation bar for all pages (**in progress**)
  - c. Take down old literature information (complete)
  - d. Update meeting lists with two new meetings (complete)
  - e. Take the changes out of the meetings page – there is already a changes and updates page under “Meeting Updates” on the main page – just leave the link to that (complete)
  - f. Add outreach flyer to website (**incomplete**)
  - g. Update the spring retreat flyer/page with event information (complete)
7. Goals for next Month:
  - a. Continue to update left navigation bar for all pages
  - b. Add outreach flyer to website
  - c. Discuss and potentially update below passage:

### Definitions

**Closed Meetings.** All Ontario S.L.A.A. meetings are *closed meetings*. Meetings are held for sex and love addicts looking for ways to stop living out their addictive behaviour. Ontario S.L.A.A. does not hold *open meetings* for the general public.

**Newcomers.** People who think they might be a sex and love addict coming to meetings for the first time are called *newcomers*.

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## SLAA TELEPHONE REPORT FOR MARCH

Total telephone calls to our SLAA hot line were only **14** this month. Again each of these were looked after in a very timely manner by our Volunteers.

## SLAA PUBLIC INFORMATION FOR MARCH

No inquiries were made in regards to information about the SLAA program from either a public or professional perspective.

Report submitted by; John F, *Pioneer Group, Pickering, Telephone and Public Information Chairperson*

## Delegate Report – March 2015

### Alan B. - Delegate

1. International Recovery Convention – **See attached Flyer and Information handouts**
2. Conference Committees
  - a. Conference Journal Committee – The Journal is looking for an outreach director. Candidates should have 10 months of sobriety and some computer and organizational skills. They would need to attend one conference call per month. Please contact the CJC on the FWS Journal webpage if you are interested. This is a non-paid volunteer position.
  - b. Conference Literature Committee
    - i. Help with the S.L.A.A. Twelve Steps and Twelve Traditions Book The CLC is in process of creating a 12 Steps & 12 Traditions Book for S.L.A.A. Writing groups use shares on Steps and Traditions from members to write each chapter. • Submit your thoughts and experiences on the Steps or Traditions at [www.slaafws.org/submit1212](http://www.slaafws.org/submit1212) • Volunteer to help write a chapter on a Step or Tradition by contacting the CLC at [www.slaafws.org/clc](http://www.slaafws.org/clc).
    - ii. Other opportunities - **See attached Flyer**
3. Board of Trustees
  - a. Chair's Report: Seeking Members to Make Outreach Calls Work Step 12! We are looking for people who are willing to take outreach phone calls at the F.W.S. office. When someone calls into the F.W.S. Office asking to speak to another Sex and Love Addict, you will be called by the Office to see if you are available to take the call. You will then be given a number to call the person who wants someone to talk to. Your number will not be given out. Would you like to give back what has so freely been given to you? Please call us now: 210-828-7900
4. New Business
  - a. Include/move contact information ([delegate@slaa-ontario.org](mailto:delegate@slaa-ontario.org)) for delegate on the "Fellowship Wide Services" webpage - <http://www.slaa-ontario.org/aboutfws.htm>
  - b. Information about the IRC on the events page - <http://www.slaa-ontario.org/events.htm>
  - c. Link to the FWS Events page (<http://www.slaafws.org/events>) on the Ontario intergroup page (<http://www.slaa-ontario.org/events.htm>)

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### Criteria for Workshop Leaders/Facilitators/Chairs for Spring Retreats and Fall Conferences

1. Regular members of SLAA meetings
2. Work primarily with SLAA approved literature and the 12 steps
3. Active members of the fellowship (meaning active members of their home group or intergroup or committees)
4. If the individual is a professional or member of a separate organization – they are welcome to lead an SLAA workshop - provided that they are in no way attempting to benefit their own causes, organizations, or businesses (Tradition 6).





## 2015 S.L.A.A.

International Recovery Convention (IRC)

### *Rocket Into The Fourth Dimension*

August 7th to August 9th, 2015

*Program packed with long term recovery speakers, breakout sessions,  
activities and fun. Banquet Saturday night is included.*

*Please bring an unwrapped gift to be auctioned off for the good of S.L.A.A.*



*Hosted by Texas Round Up and  
S.L.A.A. Fellowship-Wide Services*

**Hyatt North Houston**

425 North Sam Houston Parkway East, Houston, TX 77060










Tel: +1 281 249 1234

S.L.A.A., Fellowship-Wide Services Office: (210) 828-7900

Web: [www.slaafws.org/irc2015](http://www.slaafws.org/irc2015)

## International Recovery Convention 2015

The Houston Intergroup Texas Roundup Convention Committee and S.L.A.A. Fellowship-Wide Services are proud to announce the official S.L.A.A. International Convention for 2015. It will take place on Friday, August 7 through Sunday, August 9 in the Houston, TX area. This year's theme is 'Rocket into the Fourth Dimension'.

-  **This is your opportunity** for you and your loved ones to strengthen your recovery by attending the FWS S.L.A.A. International Recovery Convention and spending a few days of powerful recovery among fellow recovering addicts. Registration to this event is open to anyone.
-  **You will be able** to attend workshops and meetings on The 12 Steps and 12 Traditions as well as other recovery topics. We will have guest speakers sharing their hope, strength and experience. Don't miss the amazing Fun-filled live auction, immediately following the speaker to benefit S.L.A.A. FWS. Please bring an unwrapped new gift to be auctioned off for the good of S.L.A.A. **NO LIMITS!!**
-  **Early registration** is only \$89 if postmarked by May 27, regular registration is \$99 if postmarked after May 27 and prior to August 5. On-site registration is \$109.  
**THERE ARE NO PARTIAL REGISTRATIONS and NO REFUNDS!** These prices **INCLUDE** the incredible Saturday night dinner. The guest speaker and auction will follow. This year's guest speaker is expected to be really exceptional.
-  **Entertainment** will be included as well as a fully stocked hospitality suite. There will be many twelve-step meetings to choose from as well as a multitude of 'workshops for recovery'. Multiple speakers from around the country will be presented as well. Participants range from newcomers to old-timers. The International Recovery Convention is a must for all members of the Augustine fellowship and all others recovering from sex, love and relationship addiction. Bring your significant other as well, so they may better understand the addiction and recovery process first hand.
-  **Special arrangements** have been made with the hotel to lower the cost to only \$102 per night for up to 4 people to share. **You MUST mention the promo code IRC for the special room rate.** Please consider staying at the hotel for the entire event at this great price, even if you can commute! Special room rate ends July 17, so make your reservations early!
-  **Scholarship fund:** if you are financially able, you may contribute any amount in addition to the registration fee. For those members wishing to attend but are financially burdened, we have created a Scholarship Fund which is supported by donations from other registrants. In order to get a scholarship for the registration fee only, we request your willingness to: 1) pay a portion of the registration fee, 2) attend all three days, and 3) offer service where needed during the event. Those wishing to apply for a partial scholarship (if available) or further information should e-mail us at [irc2015@slaafws.org](mailto:irc2015@slaafws.org). Scholarship requests cannot be submitted on-site.
-  **Additional Dinners** are available at a cost of \$35.00. Dinner includes the Speaker Meeting and IRC Auction Saturday Night. Dinners cannot be purchased on-site after 10:00AM Saturday due to the meal count obligation with the hotel.
-  **REGISTRATION DOES NOT INCLUDE HOTEL ACCOMODATIONS**  
**Hotel Information:**  
**Hyatt North Houston**  
425 North Sam Houston Parkway East, Houston, TX 77060  
Phone 1-281 249 1234  
Website: <http://northhouston.hyatt.com>
-  **More Information** – You can contact us for further information at [irc2015@slaafws.org](mailto:irc2015@slaafws.org)

## Conference Literature Committee (CLC)

### Service Opportunities

#### Help with the S.L.A.A. Twelve Steps and Twelve Traditions Book

The CLC is in process of creating a 12 Steps & 12 Traditions Book for S.L.A.A. Writing groups use shares on Steps and Traditions from members to write each chapter.

- Submit your thoughts and experiences on the Steps or Traditions at [www.slaafws.org/submit1212](http://www.slaafws.org/submit1212)
- Volunteer to help write a chapter on a Step or Tradition by contacting the CLC at [www.slaafws.org/clc](http://www.slaafws.org/clc)

#### Help Write and Edit S.L.A.A. Literature Submissions

The Conference Literature Committee needs people to help as assistant writers. An assistant writer can help clarify drafts from a non-native English speaker, help an English speaker with limited vocabulary and grammar, or help improve a draft with concise, clear, standard English.

To help, please contact the Conference Literature Committee at [www.slaafws.org/clc](http://www.slaafws.org/clc).

#### Share Your Story of Recovery for the Stories Book Project

The CLC has started collecting S.L.A.A. members' stories for a Recovery Stories Book. We already have some stories and other members have agreed to submit theirs.

Anyone who wishes to share their story of recovery from sex and love addiction can contact the CLC at [www.slaafws.org/clc](http://www.slaafws.org/clc). If necessary, an assistant writer can help you tell your story in writing.

#### Help to Create and Review New Literature

**Join the CLC Friends!** The CLC maintains a list of "friends" to help review draft literature. If you would like to join the CLC Friends, contact the CLC through our web page at [www.slaafws.org/clc](http://www.slaafws.org/clc).

#### Join or Form a Writing Group or Suggest a New Piece of Literature

The CLC has several writing projects in various stages. If you would like to join or form a writing team, or if you have an idea for a new piece of literature, contact the CLC at [www.slaafws.org/clc](http://www.slaafws.org/clc).

**Mission Statement:** The Conference Literature Committee (including its subcommittees, writing groups, and partner service bodies) encourages and participates in the planning, writing, editing, and approval of S.L.A.A. literature.

## **OUTREACH COMMITTEE REPORT MARCH 2015 – Tanya G.**

- One member joined the committee – Yea! Jeremy
  - Delivering 10 pamphlets instead of 6 because the Meeting list doesn't stand out as something that anyone would pick up just by virtue of looking at it. I have been slipping them inside Addicted to Sex, Addicted to Love pamphlets.
- 1. Pamphlets delivered this month:**
    - Homestead recovery residence for women – 10
    - Renascent's women's house on Dundas – 10
    - Renascent Isabella St.  
These councilors have “scooped them up and want more!”  
10 – more will be delivered more next week
  - 2. Pamphlets given out with the expectation that they will be delivered. Waiting for confirmation**
    - Hassle-free clinic  
(sent digital copies. SLAA member wants to print his / her own)
    - Rabbi Oppenauer – works with addicts – 10
    - Dr. Sidlosski – works with addicts – 10
    - Sunnybrook Hospital Psyche Ward – 10
    - “Relief” - Jewish Organization that helps public with addiction, depression etc. – 10
  - 3. I have used 2 Pamphlets to help me pitch places that we intend to drop them off at. – 2**
    - So far we have used 72 pamphlets from 400 = 328 pamphlets remaining.
  - 4. Waiting to hear back from:**
    - AIDS Committee of Toronto
    - CAMH Rainbow Services
    - Lifeline Foundation
    - Street Haven Addiction Services- Grant House
  - 5. Potential Prospects – suggestions welcome**
    - Women's Own
    - Sexual health run by social Services
    - Bellwood Health Services
    - Oasis Addiction Recovery Society
    - YWCA Women's Shelter from Violence and Abuse
    - Women's College Hospital Sexual Assault / Domestic violence Care Centre
  - 6. Digital Copies**

We can provide digital copies of these pamphlets for people who want to distribute them in other cities, but if they are going to print them they need to find out the costs first and get in touch with me to talk about reimbursement since we have a very good deal with Brian's contact and we want this to be cost effective for SLAA.

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  - 7. Costs incurred this month**
    - Stationary:  
I have been using my own stationary and ink so I have bought...

- 500 sheets of paper
- I have printed 240 & 240 flyers for Slaa members to hand out at meetings + 48 sheets for report = 528 sheets of paper  
**\$4.73 before tax**
- 50 small envelopes for the pamphlets to be delivered in.  
**\$3.20 before tax**
- 100 large envelopes for delivery of flyers to members. More cost efficient to buy larger number  
**\$14.40**
- **Total with tax = \$25.23**  
Previous balance = \$196.78 - \$25.23  
**= \$171.55 current balance for outreach**

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8. I spoke with Trudie F: Chair of Conference Prison Outreach in LA. Lots of experience in service at intergroup level.

**Two things came up:**

1. She strongly suggested that we run the idea that we are putting out these pamphlets out for public consumption by FWS (fellowship wide services in Texas) <http://www.slaafws.org/> She strongly suggested that we get their blessing so to speak, even though we are using conference-approved pamphlets. It shouldn't be a problem but we need to keep our service in line with the traditions (Tradition 11 "attraction, not promotion").  
[She referred me to the AA SERVICE MANUAL ONLINE [http://www.aa.org/assets/en\\_US/en\\_bm-31.pdf](http://www.aa.org/assets/en_US/en_bm-31.pdf) I have not had a chance to read it yet. It is very compact and long and she mostly directed me to chapter eight. I will look at that this month coming. ]

Currently we are acting on good faith that we are in fact acting in accordance with Tradition 11, but we should inquire nonetheless.

She said that that FWS will send me straight to The CPIC (conference Public Information Committee) <http://www.slaafws.org/cpic> and so she suggested that I should just go there first and then go to FWS.

I have done this. I have joined this CPIC committee and I have requested communication. I have no idea how long that communication will take.

2. The other thing that came up was that she doesn't believe that what I am doing falls under the umbrella of Outreach, but rather under the umbrella of Public Information and so we may wish to change the title Outreach Coordinator to something else that reflects Public Information and also the name of the Committee.  
This doesn't have to be done this minute but it might be something to think about.  
Open for discussion...

FYI:

### CONFERENCE PUBLIC INFORMATION COMMITTEE (CPIC)

The primary purpose of the Conference Public Information Committee is to carry the S.L.A.A. message to the sex and love addict who still suffers. This is accomplished through the following means:

- (a) The C.P.I.C. works with international service entities, intergroups, and local groups to convey S.L.A.A. information to general public.
- (b) The C.P.I.C. provides materials to help members carry the S.L.A.A. message.
- (c) The C.P.I.C. encourages the creation of public information entities at regional and local levels.

[E-mail the Conference Public Information Committee Here](#)

#### 9. Tabled item:

Wondering if we should just hold off on this for now and see how many pamphlets start to move and then address this question again once we have a better idea.

*“40 questions pamphlet is © Augustine fellowship. Should we order them given their cost, or stick with the pamphlets we have given that we have a budget of \$300.00?*

*“For 100 40 questions pamphlets, the cost would be \$177.04 Canadian which includes shipping, but not the duties. For every 100 pamphlets purchased, the buyer gets 10% off.” ~ Susan”*

**End of Handouts for the 26 March 2015 Meeting.**