

**Minutes: Ontario Intergroup of SLAA
Thursday, 27 March 2014. 7:00-8:30 PM
Room 2008, Cardinal Carter Wing, St. Michael's Hospital**

Present: Jody N. (Chair, Fall Conference Chair); Dionne F. (Vice-chair, Chair Spring Retreat); Jim D. (Secretary, Hamilton IR); Susan O. (Literature Rep., Sat. 5:30 IR); Alan B. (FWS Delegate, Brampton IR, interim Niagara IR); Charles V. (Website); Justin O. (Prison Outreach, Oakville IR); Fred K. (Tues 7:00 PM IR); Michael C. (Fri 6:00 PM IR); Richard B. (Thurs 7:30 IG), Claudio M. (Ajax Sunday IR), Alex C. Tues 7:00 PM IR); Daniel W. (Thurs 12:15 IR).

Absent with regrets: Tim W. (Treasurer); John F. (Phone and PI, Pickering IR); Jim B. (Rockwood IR).

1. Meeting begins with a Moment of Silence followed by the Serenity Prayer.
 - Done
2. Introductions.
 - Done.
3. Reading of Trusted Servant's Prayer.
 - Done.
4. Reading of The Twelve Traditions.
 - Done.
5. Reading of Draft Minutes by Secretary – Jim D.
 - Accepted by group conscience.
6. Secretary announcements – Jim D.
 - Jim talked about prudent reserve, and FWS expenses (after discussion with Jim B.; ~\$1750 San Antonio, ~\$1850 San Diego; has been \$2000 Prudent Reserve for last 3 years) which may be too low.
 - No discussion in absence of Tim W. (with regrets).

7. Reading of Reports:

a) Treasurer – Tim W. (absent with regrets)

- Read by Jim D.
- Question about PayPal contribution by an individual (Charles will address in his report).
- Summary Statement:

Opening Balance (General Acct):	\$ 660.34
Net Donations/Income:	\$ 250.00
Expenses:	(\$ 41.61)
Transfer to FWS Reserve:	<u>(\$ 40.00)</u>
Subtotal Change:	\$ 168.39
Closing Balance (General Acct):	\$ 828.73

Opening Total (General + Reserves):	\$4172.44
Change in General Acct:	\$ 168.39

Paid to FWS:	\$ 0
Transfer to Reserves	\$ 40.00
Paid to AA Conference:	<u>(\$ 368.90)</u>
Subtotal Change:	(\$ 160.51)
Total Balance:	\$4011.93

- Report accepted by group conscience.

b) Literature Report – Susan O.

- Susan report on the Literature Accounts (see attached – revised).
- She had a few questions about her report's accuracy; she promised to work on this latter. The report shown here is after her revisions.
- Summary: [Revised September 2014]

Total revenues:	\$ 407.34
Total expenses:	(\$ 492.26)
Net Gain/(Loss):	(\$ 84.92)
Prudent reserve:	\$8,500
Net assets – previous period:	\$10,783.32
Assets over prudent reserve previous:	\$2,283.32
Net assets – current period	\$14,313.84
Assets (deficit) over prudent reserve:	\$5,813.84

- Accepted by group conscience.

c) Website – Charles V.

- See Charles report (attached).
- Contribution in Treasurer's Report is a donation by an individual (G.P.); Charles confirmed that this is a legitimate contribution.
- Larger number of hits to the website particularly compared to February. Possibly due to the information suite on SLAA at the AA ORC (see below).
- Accepted by group conscience.

d) FWS Delegate – Alan B.

- Alan has booked his flights and registered for the conference (receipts attached).
- Question as to what currency is in the report; he thought, \$US; so conversion yet to occur.
- Accepted by group conscience.

e) Phone Line and Public Information – John F. (absent)

- Report read into the minutes (see attached)
- Accepted, group conscience.

f) Correspondence received and sent (checking mailbox) – Susan O./Tim W.

- No correspondence.

g) Spring Retreat 2014 – Dionne F.

- Dionne presented her report (Report attached).
- Thursday midnight (April 3rd), PayPal will stop working for registration.
- More people will be attending then currently registered.
- Filipe, keynote speaker, will be Saturday night.

- They have a schedule of workshops etc. (but not final version). Flyer is attached (version shown is final one).
- Movie on Friday night.
- Temporary Sponsors and Meeting Room throughout weekend.
- Literature for sale (Susan will handle this).
- Accepted group conscience.

h) Fall Conference 2014 – Jody N.

- No written report.
- Still trying to get a contract – phone tag.
- Accepted group conscience.

i) AA-ORC 2014 – Susan O.

- All volunteers showed up.
- See attached report.
- Some sales, mostly SLAA basic text; one was a professional which were for a purpose unknown.
- Sheets taken at the mezzanine, probably some were taken by people who did not feel comfortable visiting the room.
- Suggestions: need a bigger suite, could share with another S-fellowship, have a committee for doing this next year, name tags for volunteers, not so much activity in the evenings so questionable to operate the room in the evening.
- Number of people visiting my partially explain the spike in visitors to our website (see Charles report).
- Possibly we could use a ‘meeting type room’ rather than a ‘bedroom suite’.
- Accepted group conscience.

8. Old Business:

- No old business.

9. New Business:

- Treasurer has provided financial statement for 2013 – review and decide how to present this information on the Inter Group web site.
 - Going to post this information – Tim needed for this.
 - Tabled for next meeting.
- Literature Rep is using her own credit card to purchase literature because FWS will not take our cheques. We might consider getting a Visa card – for the Literature account. Tim W. has made inquiries and he will present the cost and more details to the group so that we can make a decision.
 - Jody reported on investigating having a Visa Card dedicated for Literature Rep.
 - Relieves the burden on the Lit Rep to keep track of funds and maintain anonymity.
 - No decision until more information is collected; tabled until next meeting.
- New item on using money transfers through the PayPal account, raised by Charles. Apparently, this is all available. We can use this and could be very useful to us for instance, the Lit Rep etc. Charles and Susan will report on this next month.

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- d) Alan B. suggested we agenda item to discuss recommendations from Susan on the AA ORC for next year.
- e) Justin O. suggested we revisit the Prudent Reserve for FWS delegate fund as per earlier discussion under Secretary Announcements.

Next Meeting will be held on Thursday April 24, 2014 7:00 PM

Meeting ended at 8:20 PM with a moment of silence, followed by the Serenity Prayer

Jim D. (Secretary, in service)

Attachments Follow Below:

SLAA Ontario Intergroup
 Statement of Fund Balances
 February 24 to March 23, 2014

	FWS		FWS		Ontario		ASSETS
	General	contributions	Conference	Retreat	Delegate	AA	Bank
	660.34	490.08	900.00	100.00	1,653.12	368.90	4,172.44
Opening balance as reported							
Contributions							
		Durham group					
		<u>100.00</u>					
		<u>100.00</u>					100.00
40% to FWS reserve		(40.00)					
Gretchen J via Paypal		150.00					
		<u>210.00</u>					150.00
Bank charge		4.95					
Paypal charge		6.15					
Fido charge		30.51					
		<u>41.61</u>					(41.61)
Ontario AA conference room paid						(368.90)	(368.90)
	828.73	530.08	900.00	100.00	1,653.12	-	4,011.93
							<u>4,011.93</u>

Literature Report Revised September 2014

SLAA Ontario Intergroup Literature Report

Period February 23-March 27, 2014

A. Income and expenses

Revenue:		
Sales	396.50	
Credits		
Donations		
Shipping	10.84	
Total Revenue	407.34	407.34
Expenses:		
Bank Fees	4.95	
Cost of goods sold	396.50	
Markdown on FWS purchase to resale		
Shipping	3.45	
Miscellaneous		
Customs	39.86	
Shrinkage		
Photocopies	47.50	
Total Expenses	492.26	(492.26)
Net gain/loss:		(84.92)

B. Balance Sheet and reserve

	Current period	Previous period
Bank account	3,797.69	6,098.31
Petty cash	-	-
Accounts receivable	1,821.13	1,043.55
	5,618.82	7,141.86
Inventory	5,768.75	2,852.25
	11,387.57	9,994.11
Accounts payable		
FWS overshipment at par		
Individual	2,926.27	789.21
	2,926.27	789.21
Net assets - current period	14,313.84	10,783.32
Photocopies	47.50	
Customs on Deliver	103.00	
Adjusted net assets – previous period	10,783.32	10,783.32
Adjusted change in net assets	3,530.52	
Net assets- current period		14,313.84
Prudent reserve		8,500.00
Current period surplus (deficit) over prudent reserve		5,813.84

Webmaster report Mar 27, 2014 – Charles V.

- Set up email delegate@slaa-ontario.org and added a link to it on the Intergroup page
- Added a link to the event page for the Retreat on all pages of the site with a “navigation menu”
- Statistics:
 - Page requests in Mar = 3659 compared to Feb = 567,
 - Tuesdays and Wednesdays are the busiest days
- Forwarded at least 2 emails about information.
- Spoke to PayPal about the donation from Australia, questioned by treasurer, and concluded it was legitimate since it had come from a user who paid by credit card and not a PayPal account so PayPal said, “it was ok”.
- Set up PayPal account for new Treasurer by changing the password and kept the previous ‘ID’ to keep things simple.

TELEPHONE REPORT FOR MARCH 2014 FOR SLAA

Telephone calls received 11

*These were for information regarding meetings
and 1 prank call*

PUBLIC INFORMATION REQUESTS for SLAA

Zero requests

John F. (absent with regrets)

Telephone and public information

Delegate Report – March 2014-03-27 Alan B. – Delegate

ABM/C Registration

Amount: \$65.00

Package Name: DELEGATE 3 NIGHTS DOUBLE/SHARED

Quantity: 1

Amount: \$895.00

Package Name: ADD MONDAY - DOUBLE/SHARED

Quantity: 1

Amount: \$65.00

Scholarship Fund Amount:

Total Cost: \$1,025.00

Flight Information

Estimated trip total†: \$335.50 CAD381.20

Date booked: Wed, Mar 26, 2014

SLAA Spring Retreat 2014 Spiritual Love and Recovery

Committee:

- Dionne F, Chair
- Irene B, Committee Member
- John F, Committee Member
- Sonja S, Entertainment Director
- Treasurer: Intergroup Treasurer Tim W.

Flyer/Web Site:

- Coloured flyers have been distributed at Toronto and surrounding area meetings

Volunteers:

- Have 3 volunteers to help with Set up on Friday and Saturday
- Still requesting more volunteers to help

Fees

- Have given out 1 \$100 subsidy and Saturday speaker to have \$55 fee waived
- Charles has put a limit of 37 weekend packages on the web site and have a deadline on payments of Thursday, April 3rd
- Maximum allowed for Saturday and Sunday are 45 people

Attendees:

- Only have 17 registered so far: 9 for the full weekend/ 8 for Saturday only (45 max.)
- Many have requested if they can pay at the door. We are encouraging payments in cash only on Saturday

Accommodation

- Once registration closes next Thursday - rooms will be assigned in advance

Key Note Speaker

- Felipe – Saturday night

Workshops

- Tentative workshop schedule has been finalized; but committee reserves right to make changes to schedule if necessary

Activities:

- Morning Walk to Bluffs (Irene)
- Morning guided mediation with Dan
- Candle Labyrinth
- Creative Recovery/ Art supplies will be provided similar to the previous 2 retreats

Entertainment: (Sonja, Director)

- Musicians
- Dance Performance
- 2 Documentaries will be shown on Bill W and the Lois Wilson Story

Temporary (Weekend) Sponsors

- Sign-up sheet (Irene created sheet and we will keep at Registration desk)
- Committee will ask Friday night at opening meeting for temporary weekend sponsors to volunteer

Room dedicated to regular meeting

- Keep a separate room dedicated to anyone who wants a regular meeting

2014 SLAA SPRING RETREAT

Spiritual Love & Recovery

April 4th – 6th

SCARBORO MISSIONS

2685 Kingston Road, Scarborough Ontario M1M 1M4

FULL WEEKEND COST: \$175.00

DAY ONLY COST: Saturday... \$70.00 Sunday... \$50.00

Open to anyone who identifies as a Sex and/or Love Addict

For more information & registration contact:

slaaspringretreat2014@gmail.com

WORKSHOP TOPICS AND ACTIVITIES INCLUDE ...

- *Healthy Sexuality *12 steps in 3 hours
- *Setting Bottom Lines *Creative Recovery *Walk to the Bluffs
- *Candle Labyrinth * Anorexia Workshop *Relationships in Recovery
- *Relapse Prevention *Temporary Sponsor Availability
- *Saturday Night Entertainment *Sunday Wrap-up/Gratitude Meeting

Visit: <http://www.slaa-ontario.org/events.htm> for online payments with PayPal

The registration fee covers accommodation and meals; there will be a collection for kitchen staff tip on Saturday.

Preferred Payment Options:

Send Electronic Money Transfers to: slaaspringretreat2014@gmail.com

or Use PayPal online at: <http://www.slaa-ontario.org/events.htm>

Weekend Cost includes:

- * A private room with sink, desk, bedding and a towel (you may want to bring an extra bath towel)
- * Meals, including vegetarian options. Dinner is not served Friday evening. Special dietary needs cannot be accommodated. A fridge is available if you would like to bring food or snacks
- * Workshops and meetings, morning meditation, art therapy, candle labyrinth and Saturday evening entertainment

Saturday and/or Sunday only:

All activities and meals of the day – but no overnight accommodation

Registration:

Friday: 6 p.m. – 8 p.m.

Saturday: 8 a.m. – 8:30 a.m.

Sunday: 8 a.m. – 8:30 a.m.

Contact Information:

If you have any questions or suggestions, please email: slaaspringretreat2014@gmail.com

Directions:

Scarboro Missions, 2685 Kingston Road, Toronto, Ontario M1M 1M4

The building is wheelchair accessible and located on the southwest corner of Kingston Road and Brimley Road. Please see <http://www.maps.google.com> for directions by car or public transit. Parking and entrance at the back of the building.

Dress Code:

Please be mindful and wear appropriate clothing and avoid wearing scents (perfumes or colognes).

Volunteers:

Service opportunities are plentiful! If you are interested in volunteering (getting rooms ready, tidying up, being a temporary sponsor, working the registration desk or setting up chairs, please e-mail the committee at: slaaspringretreat2014@gmail.com

Report for AA ORC Hospitality Suite. Susan O.

Friday March 14th: 5pm – 8:30pm

- There were approximately six visitors (5 men and one women)
- They asked mostly about the program and some information on where to go to meetings.
- There were no literature sales, but some took free materials

Saturday March 15th: 10am-8pm

- The visitors to suite were steady. (approximately 65% men and 35% women)
- A few SLAA members visited the suite
- After 6 pm, there were no visitors
- A few literature sales, mostly SLAA texts
- One professional visitor for his clients. He purchased a SLAA text and Triggers as a resource.
- Unclear if professional will send clients to SLAA program or use resources he bought for his own practice.
- Had one visitor that may have been overwhelmed by the number of people in the room. He was asked to come back, but did not return.
- Put a few SLAA meeting lists (anywhere 16-20 sheets) on information table in the mezzanine

Sunday March 16th: 9:30am to 11:30am

- One visitor came and shared experience, strength and hope.
- In mezzanine there was only one sheet left.
- 34 meeting sheets were taken at the suite and on the table in the mezzanine

Suggestions for next year

- We need a bigger suite. A few visitors mentioned the suite was small.
- A suggestion was made that the share the cost with another S fellowship so the cost for SLAA could be less.
- A committee should be formed for next year.
- Having refreshments e.g. coffee, tea etc.
- Volunteers having name tags
- Cut down on suite times
- Coordinate with Jacqui's Book Store suite to let her know that we have SLAA books for sale.

The feedback from the volunteers was overall positive and most of the visitors seem to appreciate our presence there,

End of Attachments for 27 March 2014 Intergroup Minutes.