

**SLAA ONTARIO INTERGROUP
MINUTES OF MEETING THURSDAY**

28 March 2013

Present: Natalie C. (acting Chair and Spring Conf Chair); Jim D. (acting Secretary and Hamilton Fri. IR); Wayne M. (Treasurer); Jim B. (FWS Delegate and Rockwood IR); Charles V. (Website); Michael C. (Tor Friday IR); Alan B. (Brampton Sat 9 am IR); Justin O. (Prison Outreach); Fred K. (Fall Conf Chair); Susan O. (Sat. IR); Alex C. (Tor. Thurs IR); Felipe M.; Ron R.; Tara (Ajax IR) and Jody.

Absent: Tom B. (Wed Scarb IR); John F. (Phone and PI, Pickering); Tim W. (Lit. Co-ord)

1. Meeting commenced with a Moment of Silence followed by the Serenity Prayer.
2. Followed by the readings:
 - a. Trusted servants prayer
 - b. 12 Traditions
 - c. Introductions around the table.
 - d. The minutes of the previous meeting circulated earlier by Jim B. (moved Natalie, 2nd Wayne), were approved unanimously.

3. **Treasurer's report, March 2013 (see attached report for details):**

Opening Balance	\$373.37
Total Income	\$0
Total expenses	\$112.60
Closing Balance	\$260.77
Retreat & Conf Comm. Fund Balance	\$899.80
To FWS	\$0 (balance \$443.97)
Delegate's Fund	Previous Balance \$2000
	Advanced to Jim B. \$2000
	Balance \$0

Treasure's Report: moved by Ron, 2nd by Jim B., was approved unanimously.

4. **Lit. Rep. Report:** - Tim absent with regrets, but he did send books that were ordered.
5. **FWS Delegate Report:** - Jim B. registered for the conference.
6. **Telephone Delegate Report:** - John F. absent with regrets, but Wayne M. reported that the "800" number is gone and the voice message had to be shortened (max. 30 s).

7. **Fall Conf. Delegate Report:** - Fred reported that the committee wanted to make the simpler to organize and run. Therefore, no entertainment, no lunch, and he proposed cutting registration fees to \$0. For instance, this idea would remove having to use **Paypal** and associated record keeping. The current surplus of funds plus any donations would cover, or nearly cover, the cost of running the conference (rent ~\$620). See attached report.

After debate on whether to have a nominal registration fee or a suggested fee at the door (as a “Seventh Tradition”) a consensus was reached (with no opposition) to have a voluntary suggested fee of \$10 at the door. Jim B. volunteered to help collect fees from people.

It was further noted by Fred that Coffee and Muffins would still be available at the opening, 90 minutes available for lunch, and other food/snacks/coffee would be available later in the day. There would be no registration form and the conference limit of ~120 people would be ‘first come – first served’ basis.

8. **Webmaster’s Report:** - Charles reported on changes made to the website (see attached report). As well, he indicated that links were made to various “anon” groups and to a News Group. A suggestion was made to post approved minutes and this was approved by consensus.

9. **Spring Retreat Delegate Report:** - Natalie distributed a report on the committee’s activities and the full Activities list for the retreat (being held April 5-7); see attached. Currently there are 20 full weekend registrants (max 37), 10 one day Saturday registrants (max 20), and 2 one day Sunday registrants (max 20).

Responding from a question from Jim D. Natalie indicated that there is one subsidized position available; the position is for the full weekend only (at \$100) and must be paid in advance. She had received one inquiry about this subsidized position.

10. **Prison Outreach:** - Justin reported that there was nothing new at this time.

11. **New Business:** - Natalie pointed out that we still have open positions for Chair, Vice-Chair, and Secretary for the Intergroup meetings. Reps. Should continue to announce these positions.

12. **Meeting Close:** - After the Serenity Prayer the meeting was adjourned at 8:00pm.

Jim D. (acting Secretary for this meeting, Hamilton IR) in Service (please let me know if there are any problems with the minutes and I will amend before the next meeting).

**March 2013 Treasurer's Report
SLAA Intergroup Ontario**

GENERAL FUND

Opening Balance \$373.37

Income - Donations/Contributions

Total Income \$0.00

Expenses

Transferred to Delegate Fund	
Transferred to FWS Fund	
Bank Service Charge & Image S/C	6.45
Bell Canada (1-877) - Electronic Debit	13.81
Fido Cell Phone - Electronic Debit	26.80
7 Eleven SIM Card & Top Up	39.55
February Rent St Michaels Cheque #122	25.99

Total Expenses 112.60

Closing Balance \$260.77

Prudent Reserve = \$500.00

RETREAT COMMITTEE & CONFERENCE COMMITTEE FUND

Previous Balance	TOTAL	900.00
Adjustment to amount paid to Conference Committee		(\$0.20)

Prudent Reserve = \$900.00 + \$682.31 for 2013

BALANCE \$899.80



FELLOWSHIP WIDE SERVICES FUND

Previous Balance 443.97

PAID TO FWS - End of each Quarter

BALANCE \$443.97



DELEGATE'S FUND

Previous Balance \$2,000.00

Transferred from General Fund

Advanced to Delegate -2,000.00

Received from delegate.

Prudent Reserve = \$2,000.00 **BALANCE** \$0.00



Overall Balance **\$1,604.54**

Fall Conference Report from Fred:

2013 Conference Committee Meeting Report
28-Mar-2013

Email: slaconferenceontario@gmail.com

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TOPIC	DISCUSSION	OUTCOME	BY WHOM
Committee Members:	Fred K. Nicole C. Jody N. Dionne F. Elizabeth G. Felipe M.		
Conference Date	November 2, 2013	1 day event	
Registration Price:	???		
Location	St Andrews Anglican Church Bloor St. East		
Theme	"How It Works"		
Chair		Fred K.	
Co-chair		Nicole C.	
Email			
Monitor		Elizabeth G.	
Treasurer		Nicole C.	
Flyer Design		Jody N.	
Issues Decided:	<ul style="list-style-type: none"> All Chairs and Speakers shall be active members with a home group in SLAA No Lunch No Entertainment To remove the 12 Steps in 4 Hours workshop and replace with "blocks " of working the steps 		
Workshops Considered	<ul style="list-style-type: none"> 12 steps in 4 "blocks" Sponsorship Setting Bottom Lines Anorexia 	<ul style="list-style-type: none"> Restored to Sanity Withdrawals Romantic Obsession Cybersex Love/Relationships Co-dependence 	<p>Approximately 12 workshops to be determined</p> <p>The Steps workshops have been approved</p>
<p>In Discussion: free admission</p>			
Potential Workshop Facilitators Considered	Michael C. Jody N. Ken S. Aakilah Tom T. John F. Wayne M. Kitchener rep. Jim B.	Natalie C. Dionne Nicole C. Pat Craig Justin Hamilton rep. Peterborough rep. Dayle	The Possible chairs have not been approached
Main	John F. Ken S. Wayne M. Natalie C. Nicole C. Dorothy, Justin		

Speakers None have been approached
Considered
:

Webmaster's Report from Charles:

Webmaster Report
Mar 28, 2018

CHARLES

Updated website with the following changes:

- deleted toll free number
- new Pickering meeting
- * [• St Catharines meeting moved to Niagara Falls

Responded to a few inquiries to info@slaa-ontario.org for links to anon groups such as
<http://health.groups.yahoo.com/group/SCA-Anon/>

<http://www.sanon.org/>

Forwarded a few emails to John F to deal with

Signed up for a newsletter marketing account at Mail Chimp – Free if less than 2000 subscribers.
Testing this potential service to distribute Intergoup news – anonymously

Updated inventory for Paypal button related to Spring retreat.

**Spring Retreat Report from Natalie:
Report for SLAA Spring Retreat Committee
Intergroup Meeting Thursday, March 28, 2013
Submitted by: Natalie C.**

1) Retreat Steering Committee:

Natalie C. - Chair

Stew G. – Co-Chair

Wayne M. – Treasurer/Flyer

Ron R. – Registration Steward

Tom T. – Committee Member

- 2) Group has met 7 times since last year's retreat.
- 3) Date for 2013 Retreat is April 5, 6, 7th at Scarborough Mission
- 4) Theme: *How are we to live...Dignity of Self*
- 5) Fees: Weekend Cost - \$175; Saturday only \$75; Sunday only \$50. Registrants to date: 20 for the weekend, 10 for Saturday only and 2 for Sunday only.
- 6) Schedule distributed**
- 7) On March 29, 2013, retreat notice to sent to past participants
- 8) G-mail address set up – slaaspringretreat@gmail.com

Spring Retreat Program is given in a separate spreadsheet file.