

**SLAA ONTARIO INTERGROUP
MINUTES OF MEETING THURSDAY June 2013**

27 June 2013

Present: Jody N. (Chair); Dionne F. (Co-chair); Wayne M. (Treasurer); Tim W. (Literature Coordinator); Natalie C. (Tues. IR); Charles V. (Website); Alan B. (Brampton IR); Justin O. (Prison Outreach); Fred K. (Fall Conference Chair); Alex C. (Tor. Thurs IR); Ron R (Wed. IR); Jim B. (FWS Delegate and Rockwood IR); John F. (Phone and PI, Pickering IR); Jessica L. (Tues Noon IR); Michael (Friday IR); Dave D.(Hamilton IR, alternate); Felipe

Absent with regrets: Jim D. (Secretary and Hamilton IR); Susan O. (Sat. IR)

1. Meeting commenced with a moment of silence followed by the Serenity Prayer
2. Followed by the readings:
 - a. Trusted Servants Prayer
 - b. 12 Traditions
 - c. Introductions around the table
 - d. The minutes of the previous meeting read by Dionne: the minutes were accepted unanimously
3. **Treasurer's Report June 2013 by Wayne M**
 - a. See attached report for details.
 - b. Treasurer's report accepted unanimously.
4. **Literature Rep. Report by Tim W:**
 - a. See attached report for details.
 - b. Tim reported that \$4.00 was lost on a shipment of literature to Guelph. Total amount charged for books did not cover the cost of shipping. The 15% charge is deemed too low, as it does not cover all the costs for the shipment of literature. Bringing awareness as this is not currently an issue but could pose one in future.
 - c. Received a call from Victoria, BC wanting to buy 6 books. Tim instructed them to contact Seattle SLAA Intergroup, as they are closer, but discovered that Toronto IG is the shipment contact for all of Canada. He requested that they cover the costs for the shipment of books (which could be about \$20) and had not heard back as of the meeting date.
 - d. There is an outstanding balance from Durham Recovery group – Tara B. owing \$51.00 and currently Tim is awaiting a cheque. Natalie C. offers to recover the outstanding balance.
5. **FWS Delegate Report by Jim B:**
 - a. Jim reports that tickets and flights have been booked and paid for the upcoming SLAA conference.
 - b. He will be traveling on the 5th of August.
6. **Telephone Delegate Report by John F:**

- a. John reports that he could not print the report to hand out at the IG meeting as his computer had a virus.
- b. The phone lines have been quiet this month.
- c. He received calls from Sudbury and Peterborough requesting meeting information.
- d. Calls have dropped drastically from last year – but he speculates that this could be because each meeting has their own contact numbers, which may be taking the calls directly.

7. Public Information by John F:

- a. John has spoken on Cybersex to students from Seneca College in the past. This year he will do the same.
- b. There has been some correspondence with SLAA members from out of town.
- c. Charles asked to confirm the phone number.
- d. A new voice message needs to be recorded before it can be changed over to the new number.
- e. Tim offers to record the 30 second message

8. Fall Conference Delegate Report by Fred K:

- a. Fred presents a new flyer for the fall conference and has copies to hand out for delegates to take back to their respective groups. (copy attached)
- b. Justin O. is confirmed as the main speaker.
- c. The goal is to have all the particulars for the conference finalized by September 1st.
- d. There are only 2-3 workshop slots to fill.
- e. Fred welcomes any suggestions be sent to him by email.

9. Spring Retreat Delegate Report:

- a. Jody reports that Stew G. has resigned as Chair for the 2014 retreat.
- b. Natalie requests that Jody re-connect with Stew to obtain the evaluation forms from last year's retreat.
- c. The committee discussed finding a new chair as soon as possible.
- d. Fred nominates Dionne F. to be the new Retreat Chair; seconded by Jim and Natalie.
- e. Dionne F. elected as Chair for the 2014 Spring Retreat.

10. Prison Outreach report by Justin O:

- a. Justin reports that there has been no correspondence from correctional facilities and is waiting to hear from the prison psychiatrist regarding bringing SLAA meetings into prisons.
- b. Charles questions how Justin can be reached and wondering if website should have a contact number so prisons can contact him. This conversation will be continued offline.

11. Webmaster's report by Charles V:

- a. See attached report.

- b. Charles reports that he downloaded the FWS website guidelines and has made the changes necessary so that the site is now compliant with the guidelines.
- c. Has changed wording and links.
- d. Added suggested links (see attached report).
- e. Added 40 Questions.
- f. Changed the wording on the Preamble to “5 Resources”.
- g. Added a disclaimer to Ontario page as per FWS guidelines.
- h. Deleted “How SLAA can help” and re-wrote the Tools.
- i. Will update announcements for groups to print and distribute.
- j. Added a disclaimer for the links to other fellowships.
- k. Reported on the website’s Analytics (see attached report).
- l. Uploaded robots.txt file.
- m. Discussion around Charles’s proposed changes and addition of new links.
 - Fred questions why the minutes are posted online, asks if public needs to know. IG is in agreement that minutes should be made public for transparency.
 - Discussion around links to other fellowships to be added to the site. Members divided on the links.
 - Natalie motions to change the disclaimer and then to put to a vote.
 - IG votes on whether to add the links to other fellowships: 12 Yes; 2 No.
 - Vote is passed: The links will be added to the site

12. Correspondence Received and Sent report by Ron R:

- a. Ron reports that he received one letter regarding literature.
- b. No new updates.

13. Old Business:

- a. Discussion around the individual who is using meetings to promote his private therapy practice. Natalie reports that this will be dealt with at the group level – they will discuss the next course of action at their business meeting.
- b. All positions that were previously vacant are now filled.

14. New Business:

- a. The 1 pager update previously discussed has been completed by Jim D. and posted by Charles V. to the website.
- b. Alan proposes forming a committee to discuss singleness of purpose and the links to other fellowships.
- c. Discussion around issue of offering to sell the 30 titled books at a discount. Discussion to be continued at next IG meeting in September.

15. Meeting Close:

- a. After Serenity Prayer – meeting is adjourned at 8:30pm. The next Intergroup meeting is scheduled for September 26, 2013.

Minutes by Dionne F. (Acting Secretary) and edited for distribution by Jim D. (Secretary, absent from meeting), in service

GENERAL FUND

Opening Balance \$500.00

Income - Donations/Contributions

Refund re: old mailbox key deposit Cash 13.00

Total Income \$13.00

Expenses

Transferred to Delegate Fund
 Transferred to FWS Fund
 Bank Service Charge & Image S/C 4.95
 Fido Cell Phone - Electronic Debit 30.51
 April Rent St Michaels Cheque #129 25.99

Total Expenses 61.45

Prudent Reserve = \$500.00 Closing Balance \$451.55

RETREAT COMMITTEE & CONFERENCE COMMITTEE FUND

Previous Balance TOTAL 899.80

Prudent Reserve = \$900.00 + \$682.31 for 2013 BALANCE \$899.80

FELLOWSHIP WIDE SERVICES FUND

Previous Balance 1,162.60
 Transferred from General Fund

PAID TO FWS - End of each Quarter BALANCE \$1,162.60

DELEGATE'S FUND

Previous Balance \$718.61
 Transferred from General Fund
 Advanced to Delegate
 Received from delegate.

Prudent Reserve = \$2,000.00 BALANCE \$718.61

Overall Balance \$3,232.56

SLAA Ontario Intergroup Literature Report

Period *May 27 to June 23, 2013*

A. Income and expenses

Revenue			
Sales	289.50		
Shipping	<u>10.20</u>		
Total revenue	<u>299.70</u>	299.70	
Expenses			
Bank fees	4.95		
Shipping	16.60		
Markdown to resale	1.29		
Cost of goods sold	<u>289.50</u>		
Total expenses	<u>312.34</u>	(312.34)	
Net loss			<u>(12.64)</u>

B. Balance sheet and reserve

	Current Period	Previous Period
Bank	5,761.50	5,180.40
Petty cash	-	-
Accounts receivable	<u>196.70</u>	<u>483.05</u>
	5,958.20	5,663.45
Inventory	<u>3,785.25</u>	<u>3,722.25</u>
	<u>9,743.45</u>	<u>9,385.70</u>
Accounts payable		
Individual	<u>370.39</u>	-
Net assets	<u>9,373.06</u>	<u>9,385.70</u>
Transfer from(to) Intergroup		
Adjusted net assets	<u>9,385.70</u>	<u>9,385.70</u>
Adjusted net change in assets	<u>(12.64)</u>	
Net assets current period	9,373.06	
Prudent reserve	<u>8,500.00</u>	
Surplus	<u>873.06</u>	

Fall Retreat Report/Announcement (Also in separate .pdf file with better quality):

SLAA FALL CONFERENCE 2013

“HOW IT WORKS”

HONESTY – OPEN MINDEDNESS – WILLINGNESS

OPEN TO ANYONE WHO IDENTIFIES AS A SEX AND/OR LOVE ADDICT

SATURDAY, NOVEMBER 2ND, 2013

9:00AM- 6:00PM

(DOORS OPEN AT 8:30AM)

ST ANDREW’S UNITED CHURCH, 117 BLOOR ST. EAST, TORONTO, ON.

FREE PARKING OFF HAYDEN ST. (SPACES ARE LIMITED)

PAID PARKING CORNER OF CHURCH AND BLOOR-ALL DAY \$10.00

WORKSHOPS WILL INCLUDE:

✓ THE 12 STEPS	✓ SETTING BOTTOM LINES
✓ DEALING WITH SHAME	✓ ROMANTIC OBSESSIONS
✓ HEALTHY SEXUALITY	✓ CYBERSEX AND PORNOGRAPHY
✓ WITHDRAWALS	✓ SPIRITUALITY
✓ CO-DEPENDENCY	✓ SPONSORSHIP

AND SO MUCH MORE... INCLUDING A KEYNOTE SPEAKER, JUSTIN O.,

SHARING HIS EXPERIENCE, HOPE AND RECOVERY

REGISTRATION AT THE DOOR (NOTE: FACILITY IS LIMITED TO 150 ATTENDEES)

FREE ADMISSION-7TH TRADITION IS APPRECIATED

COFFEE AND SNACKS WILL BE SERVED ALL DAY

FOR GENERAL INFORMATION VISIT OR WRITE:

INTERNET: SLAA-ONTARIO.ORG EMAIL: SLAACONFERENCEONTARIO@GMAIL.COM

Webmaster report, June 27, Here are the items to report:

- Updated the event page with fall conference flyer
- Forwarded 1 email to John F, and answered 3 inquiries myself (1 about Southdown meeting contact, 1 about family groups suggested slaafws.org/family, and
- Changed passwords on email accounts for Info, Delegate, Webmaster, (to do are: Lit, Payments, Public).
- Followed FWS website guidelines. Edited home page wording and links (underlined):

Contact Ontario S.L.A.A. for more information. An S.L.A.A. volunteer will discreetly respond to your inquiry. Toronto Messageline: 416-486-8201. Email: info@slaa-ontario.org. Click to view links: [Meeting list PDF](#) | [Mobile version](#) | [Interactive map](#) | [Weekly Calendar of Toronto meetings](#) | [Intergroup announcements](#) | [Up-to-date Twitter feed](#).

Sex and Love Addicts Anonymous is a [Twelve Step, Twelve Tradition](#) oriented fellowship based on the model pioneered by [Alcoholics Anonymous](#). The only qualification for S.L.A.A. membership is a desire to stop living out a pattern of sex and love addiction. From S.L.A.A.'s 8 core documents, see the [40 Questions for Self-Diagnosis](#). S.L.A.A. is supported entirely through the contributions of its membership and is free to all who need it.

Five resources

This page is based on [S.L.A.A.'s Conference-approved Preamble](#).

Our Ontario Intergroup does not speak for all of S.L.A.A. This website is not the official [S.L.A.A. Fellowship-Wide Services website](#). We are autonomous except in matters affecting other Groups or S.L.A.A. as a whole.

- Deleted from the How CAN SLAA HELP page the copyright protected entry about the tools that help recovery copied from SCA literature. The replaced content is as follows:

Stopping addictive and emotional behavior

Attend meetings.

Make use of Ontario S.L.A.A.'s Message Line. 416-486-8201.

See Chapter 4 of our Basic Text "The Twelve Step Program: A Path to Sexual and Emotional Sobriety".

See Chapter 5 of our Basic Text "The Withdrawal Experience".

See Chapter 8 of our Basic Text "Building Partnerships".

- Updated the Intergroup page with link to May minutes and updated Intergroup News items with entry for "Announcements" and link to "Intergroup announcements PDF".
- Created a list of active "other fellowships". Upon approval, links will be added to site:

Sex and Love Addicts Anonymous neither endorses nor recommends the following organizations; their sites are identified only to provide individuals in Ontario with the opportunity to learn about other Twelve Step, Twelve Tradition recovery Groups dealing with addiction to sex, love, and relationships. If you cannot find an S.L.A.A. meeting in your area, try <http://saa-recovery.org>; <http://saa-recovery.org/Meetings/Canada>, <http://sa.org>; <http://sa.org/top/canada/ontario>, <http://sca-recovery.org>; <http://scatoronto.org>. Spouses or partners may get help at <http://cosa-recovery.org> and <http://www.sanon.org/meetings/meetingscanadaon.html>. See also, <http://www.coda.org> and <http://www.emotionsanonymous.org/>.

- Site traffic report is as follows: More hits in June than in May, Week of June 9 was the busiest, busiest average day is Wednesday, 2am and 11pm are still the busiest hours.
- Added a Favicon.ico (it's the tiny version of our logo which appears in your browser)
- Uploaded a robots.txt file (helps web crawlers like Google index our site).